

Overview

On May 8th, the Bureau of Labor Statistics (BLS) reported that *employment edged up by 115,000 in April, and the unemployment rate was unchanged at 4.3 percent. Job gains occurred in health care, transportation and warehousing, and retail trade. Federal government employment continued to decline.*¹ Among veterans, unemployment decreased from 3.9 percent in March 2026 to 3.6 percent in April 2026. Post-9/11 veteran unemployment also decreased from 4.5 percent in March to 4.0 percent in April. Of the 296,000 unemployed veterans in April 2026, 20 percent were unemployed less than 5 weeks, 17 percent for 5 to 14 weeks, and 64 percent for 15 weeks or more, with a mean duration of 34.5 weeks and a median of 24.6 weeks.

Across age groups, the veteran population is concentrated in the older age categories, while unemployment rates were highest among younger veterans. The unemployment rate for veterans ages 18-24 increased from 7.9 percent in March to 12.8 percent in April and remains higher than the rate for nonveterans ages 18-24 (7.6 percent). The unemployment rate for veterans ages 25-34 increased from 7.3 percent to 8.1 percent in April and remains higher than the rate for nonveterans ages 25-34 (4.4 percent). The

unemployment rate for veterans ages 55-64 decreased from 1.6 percent to 1.5 percent in April and remains lower than the rate for nonveterans ages 55-64 (2.8 percent).

The unemployment rate for female veterans decreased from 7.1 percent in March to 4.4 percent in April and remains higher than the rate for nonveteran women (3.6 percent). The unemployment rate for male veterans increased from 3.3 percent to 3.5 percent in April and remains lower than the rate for nonveteran men (4.1 percent).

The unemployment rate for Black or African American veterans decreased from 5.6 percent in March to 5.2 percent in April and is lower than the unemployment rate of their nonveteran counterparts (6.3 percent). The unemployment rate for Hispanic, Latino/a, or Spanish Origin veterans increased from 6.5 percent to 8.2 percent and is higher than the unemployment rate of their nonveteran counterparts (4.4 percent). The unemployment rate for Asian or Asian American veterans decreased from 4.9 percent to 1.0 percent and is lower than the unemployment rate of their nonveteran counterparts (3.0 percent). However, readers should be cautioned that data on specific veteran subgroups can vary widely from month to month.

¹https://www.bls.gov/news.release/archives/empst_05082026.pdf

Demographics & Trends

The following tables summarize the employment situation of veterans in America based on BLS data released on May 5, 2026. These are unpublished data from the Current Population Survey, not seasonally adjusted, and represent the period ending April 2026.



UNEMPLOYMENT RATES FOR:	Mar. 2026	Apr. 2026	Change (+/-)	Annual Averages 2025
All Americans (18 and over)	4.2	3.8	-0.4	4.1
All Veterans	3.9	3.6	-0.3	3.5
Post-9/11 Veterans	4.5	4.0	-0.5	3.6
Gulf-War I Era Veterans	4.1	4.3	+0.2	3.2
Vietnam Era and Earlier Periods	1.9	4.2	+2.3	4.6
Other Service Period Veterans	2.1	0.7	-1.4	3.2
All Nonveterans	4.2	3.9	-0.3	4.2

UNEMPLOYMENT RATES FOR VETERANS

UNEMPLOYMENT RATES FOR:	Mar. 2026	Apr. 2026	Change (+/-)	Annual Averages 2025
18-24	7.9	12.8	+4.9	9.0
25-34	7.3	8.1	+0.8	5.0
35-44	3.9	2.5	-1.4	3.3
45-54	3.6	3.4	-0.2	3.2
55-64	1.6	1.5	-0.1	2.6
65 and older	4.5	4.3	-0.2	3.9
Male	3.3	3.5	+0.2	3.3
Female	7.1	4.4	-2.7	4.6
White, Anglo, Caucasian	3.0	3.1	+0.1	3.3
Black or African American	5.6	5.2	-0.4	5.0
Hispanic, Latino/a, or Spanish Origin	6.5	8.2	+1.7	4.0
Asian or Asian American	4.9	1.0	-3.9	2.7

UNEMPLOYMENT RATES FOR POST-9/11 VETERANS

UNEMPLOYMENT RATES FOR:	Mar. 2026	Apr. 2026	Change (+/-)	Annual Averages 2025
18-24	7.9	12.8	+4.9	9.0
25-34	7.3	8.1	+0.8	5.0
35-44	4.1	2.4	-1.7	3.3
45-54	3.4	2.3	-1.1	1.9
55-64	-	1.8	-	3.2
65 and older	6.9	0.4	-6.5	0.2
Male	3.8	4.1	+0.3	3.4
Female	8.0	3.6	-4.4	4.8
White, Anglo, Caucasian	3.2	3.4	+0.2	3.2
Black or African American	7.6	5.8	-1.8	6.1
Hispanic, Latino/a, or Spanish Origin	9.5	11.0	+1.5	4.6
Asian or Asian American	7.1	1.6	-5.5	3.6

UNEMPLOYMENT RATES FOR NONVETERANS

UNEMPLOYMENT RATES FOR:	Mar. 2026	Apr. 2026	Change (+/-)	Annual Averages 2025
18-24	7.6	7.6	0.0	9.4
25-34	5.0	4.4	-0.6	4.3
35-44	3.3	2.9	-0.4	3.3
45-54	3.2	3.1	-0.1	3.0
55-64	3.2	2.8	-0.4	2.9
65 and older	4.1	3.1	-1.0	3.3
Male	4.4	4.1	-0.3	4.3
Female	4.0	3.6	-0.4	4.0
White, Anglo, Caucasian	3.6	3.3	-0.3	3.6
Black or African American	7.0	6.3	-0.7	6.8
Hispanic, Latino/a, or Spanish Origin	4.7	4.4	-0.3	5.0
Asian or Asian American	3.5	3.0	-0.5	3.6

NOTE: Although the BLS reports national estimates for civilians ages 16 and over, the tables above are limited to ages 18 and over for comparability with the veteran population. "Period of service" identifies when a veteran served on active duty in the U.S. Armed Forces (not the location of service). Post-9/11 veterans are classified as Gulf War era II (September 2001-present). Gulf War era I covers August 1990-August 2001. Vietnam-era and earlier wartime veterans are a combined category that includes Vietnam (August 1964-April 1975), the Korean War (July 1950-January 1955), and World War II (December 1941-December 1946). "Other service periods" includes all other time periods. Veterans who served in more than one wartime period are classified only in the most recent one. Veterans who served during one of the selected wartime periods and another period are classified only in the wartime period. A dash indicates no data or data that do not meet publication criteria (values not shown where base is less than 75,000). Minority-by-gender unemployment rates are not shown due to small sample size and are more appropriately presented as annual averages.